

# Rockwall Eye Associates

Improve your vision with great experience

## A Message from Dr. Hurst and Dr. Lee at Rockwall Eye Associates

To Our Patients:

Thank you for choosing Rockwall Eye Associates for your cataract evaluation. We look forward to treating you at your upcoming visit and are excited to help you restore your vision. The purpose of this letter is to let you know that you will need to make a few decisions regarding what type of vision you would like to achieve. This is an important decision because your answers will determine how well you see for the rest of your life. We want to make sure you understand all your options and help you regain your active lifestyle.

Please consider the following lens options and determine which best suits your visual needs:

- **Traditional option:** A monofocal implant provides only single vision, distance or near. Glasses are always needed when you choose this lens. This is a good option for any patient and the cost is usually paid for by your insurance, minus co-insurances or deductibles.
- **Astigmatism correction option:** This option allows us to correct astigmatism as well as provide excellent distance or near vision. This helps us get you less dependent on glasses, but typically need over the counter readers. Astigmatism correction is optional and is NOT COVERED under any insurance plan. Most often, traditional option patients say they should have chosen this selection as their option.
- **Multifocal lens option:** A multi-range lens that enables you to see distance, near AND intermediate. This lens is the best option for those wanting to be free of glasses. Those opting for this lens rarely need glasses, if at all. Multifocal lenses are optional and are NOT COVERED under any insurance plan. \*Not everyone is a candidate for this option.



Additionally, we now offer Laser Assisted Cataract Surgery for patients who qualify.

We have enclosed some additional information that needs to be filled out and brought back with you at the time of your visit.

We know you have a choice, and we thank you once again for trusting us with your vision! We care about you and will do our best to help you improve your vision with great experience.

Sincerely,

Rockwall Eye Associates

**Help us help you:** Many of the packages offered require obtaining the best testing measurements as possible. When you visit with our surgical counselor, additional testing may need to be performed. For optimal results of the additional testing please begin the following activities **3 days prior** to your appointment with us.

- Place artificial tears in BOTH eyes four (4) times a day.
- Scrub your eyelids with baby shampoo before going to bed at night to wash away any crusting, grit or debris that may be accumulating.

(This practice is quite easy – place a clean washcloth under warm water and add a drop of baby shampoo. Wash your eyelids and eyelashes for about a minute each before rinsing off any suds left behind by the shampoo. If you prefer using a commercially prepared pad, Ocusoft is available at most drug stores.) You may be surprised at how much better your eyes begin to feel after using this regimen for a few days.

**Your questions:** Please bring a list of any questions or concerns you may have about the surgery or your post-operative care. We will be glad to discuss them with you.

\*\*\*If you wear soft contact lenses, you must be out of your lenses for 3 days prior to your cataract evaluation appointment. If you wear gas permeable contact lenses, please refrain from wearing your lenses for a minimum of 5 days preceding your cataract evaluation appointment.

Allowing your eyes time to rest prior to the testing will ensure we obtain the best readings from your eyes and thus lessen the likelihood of needing a repeat measurement at another time.\*\*\*

Which **ONE** of the following statements best fits your situation?

- I prefer no distance glasses after surgery
- I prefer no reading glasses after surgery
- I prefer no glasses for distance or reading after surgery
- I am content to wear glasses after surgery

Which of the following activities would you be interested in doing **WITHOUT** glasses?

- Reading the newspaper
- Seeing my cell phone
- Seeing the dashboard of my car
- Working on my computer
- Watching TV
- Driving my car
- I am content to wear glasses for distance and reading after surgery

Please list any activities, hobbies, or sports that are important to you:

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Anything else that is important to you regarding your vision after surgery:

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Place an "X" on the following scale to describe your personality as best you can:

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Easy going personality Perfectionist

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Patient signature Printed name Date